

PACKAGES

PACKAGE YLANG YLANG 700
2h

- Reflexing foot
- Flowers bath
- Body massage with essentials oils

PACKAGE KAMBOJA 750
2h

- Scrub
- Flowers bath
- Balinese massage
- Relax with tea and fresh fruit plate

PACKAGE FRANGIPANI 500
1h30

- Scrub
- Facial mask

PACKAGE CEMPAKA 500
1h30

- Reflexing foot
- Balinese massage
- Relax with tea

PACKAGE INDIANA 650
1h30

- Reflexing foot
- Scrub
- Balinese massage
- Relax with tea

« Peace is present right here and now, in ourselves and in everything we do and see. Every breath we take can be filled with peace, joy and serenity. »



The Spa



INDIANA KENANGA

NUSA LEMBONGAN - BALI



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* All our prices are subjected to governmental tax 11% and service charge 10%

MASSAGES

RELAXING FOOT 30Mn 100
1h 175

A combination of ancient Indonesian and Chinese acupressure techniques to relax your feet and improve blood circulation.

BALINESE MASSAGE 1h 300

Refreshing foot and body massage with essential oils. This traditional Indonesian massage brings together acupressure, reflexology and aroma therapy.

SWEDISH MASSAGE 1h 350

Refreshing foot and body massage with essential oils. Relax muscles by applying pressure to them against deeper bones and muscles. Rubbing in the same direction as the flow of blood returning to the heart.

SHIATSU MASSAGE 1h 325

Refreshing foot and body massage with essential oils. Pressure is applied to the energy lines' area (meridians) to promote good health by simulating the energy flow of your body.

COMBINATION MASSAGE 1h 330

Refreshing foot and body massage with essential oils. Mix of BALINESE, SWEDISH and SHIATSU massage.

WARM STONES MASSAGE 1h30 550

Body massage with warm stones. The treatment starts using detoxifying aroma therapy body oil (with sweet almond oil), followed by warmed stones brushed across the body in long, small, flowing strokes. Simultaneously, other stones are placed in the various energy points of your body. The heat penetrating deeply within melt away tension and restore your balance.

HERBAL TRADITIONAL BALINESE MASSAGE 1h30 750

Body massage with herbal compress. The treatment starts with body warming-up, followed by warm herbal compress containing Balinese herbs (tamarind, ginger, cinnamon and clove) to balance the body, relieve stress, boost energy and improve blood circulation.

SCRUBS

Body scrub benefit of your choice 650
With flower bath

BALINESE BOREH

Traditional scrub made from herbs and spices. This warming and aromatic scrub is good to relieve fever headaches and muscles aches.

SEAWEED SCRUB

Blend of seaweed and sea salt with geranium and cypress essential oils. Stimulate the lymphatic system, purge impurities and provides a mineral blast to the skin.

CANANGA & COCONUT

Perfect for sensitive skins. The coconut acts gently to exfoliates and nourish your skin, while Cananga essential oil provides a deep relaxing.

BODY OIL BENEFIT

Help to moisturize the skin, help relieve itching, soreness, dryness and inflammation. Good for all type of skin.

CANANGA BLEND

Cananga blended with citrus essential oil. Help to relax your body, mind and soul.

YLANG-YLANG BLEND

Ylang-ylang blended with flowers essential oil. Help to increase the sensuous feeling.

TRADITIONAL BLEND

Ginger blended with cinnamon essential oil. Help to warm and energize your body.

SEAWEED BLEND

Geranium blended with cypress. Help to calm your body, mind and soul.

BATHS

FLOWERS BATH 550
Reflexing foot + body bath of warm water with flowers and essential oils.

TRADITIONAL BALINESE BATH 250
Reflexing foot + body bath of traditional Balinese spices and lemongrass, lemon and essential oils.

FACE

FACIAL Massage 30mn 240
With essential oils

FACIAL MASK 1h 290

NAILS

PEDICURE 180
MANICURE 180
Treat your nails to a luxuriant manicure or pedicure

+ NAIL POLISH +60

SHELAC by Alessandro (include manicure or pedicure)
Gel color (hands or feet) **450**
French (hands or feet) **500**

STRIPLAC by Alessandro (include manicure or pedicure) **330**
- Possible to remove without peel off
- Only for natural nails (no extension)

* we recommended to no take shower after massage, to keep the oil benefits on your skin.